



## Adolescent Psycho-Sexual Program

Psychosexual evaluation is a necessary first step in determining the most helpful treatment approach for each adolescent's unique needs. An array of treatment components are available to address individual needs within a holistic model that attends to the adolescent's overall well-being. Glencairn staff address the youth's aggressive sexual behavior and treat the whole range of other problems that may be manifesting along with the unhealthy sexual behavior.

### TREATMENT MODELS

- Holistic (whole person)
- Developmental (age & stage)
- Contextual (situational)
- Systematic (connections)
- Mindful & Aware (present)
- Emotional Regulation
- Relapse Prevention

### TREATMENT COMPONENTS

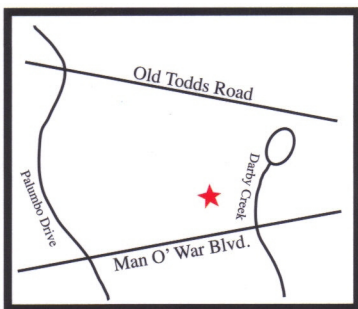
- Healthy, developmentally appropriate sex education
- Building positive self worth
- Increasing social comfort & social skill
- Encouraging family cohesion & communication
- Controlling emotions & managing anger
- Reducing stress through relaxation
- Understanding relationships & building skills
- Learning to be more compassionate

### SERVICES

- Psychosexual evaluation
- Individual, family & group counseling
- Expert witness for court
- Family reintegration

### PAYMENT

- Private pay
- Impact Plus (Medicaid)
- Court ordered



501 Darby Creek Road, Suite 67  
Lexington, KY 40509  
(859) 263-4687  
fax (859) 264-1760

[www.glencairnmt.com](http://www.glencairnmt.com)